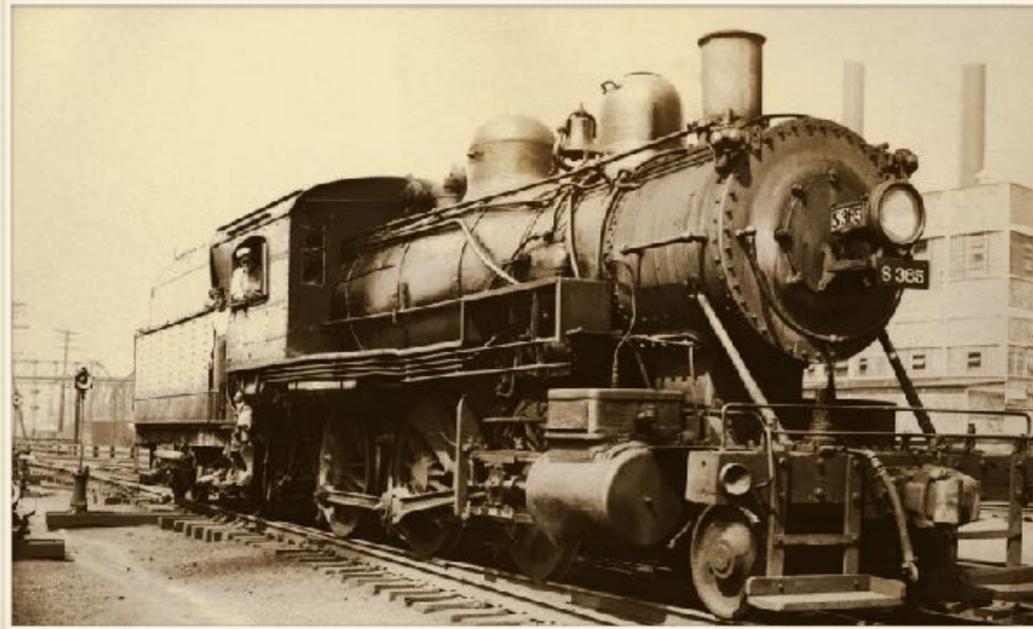


OLD-FASHIONED DOCTORS

MAYO CLINIC MAY 2024

KEN MILNE MD

OLD-FASHIONED





MONTY PYTHON
FOUR YORKSHIREMEN



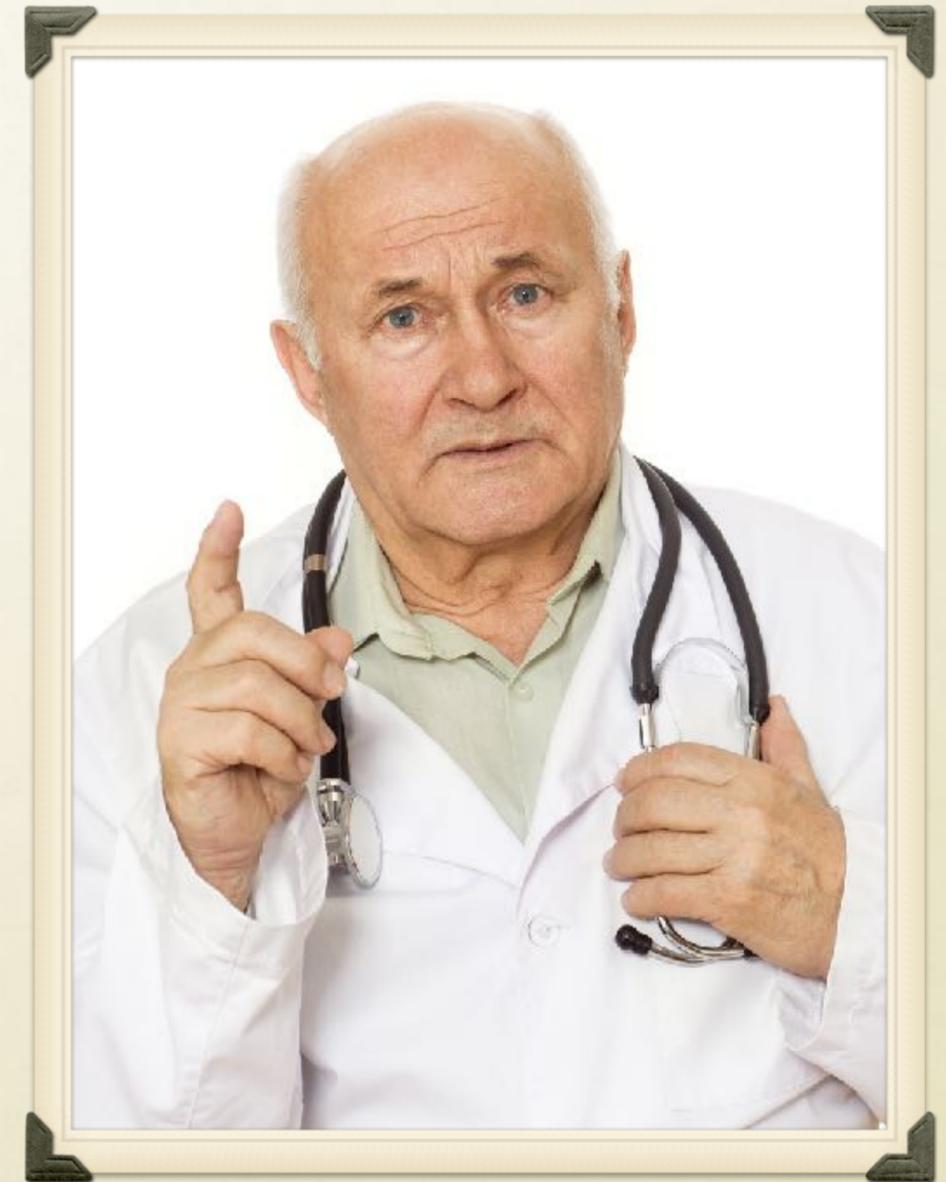
The History of Adults Blaming the Younger Generation



AN OLD FASHIONED DOCTOR

“The more senior the colleague. The eminent physician with the white hair and balding patch are called the “halo” effect. They place less importance on the need for anything as mundane as evidence. Experience, it seems, is worth any amount of evidence. These colleagues have a touching faith in clinical experience, which has been defined as “making the same mistakes with increasing confidence over an impressive number of years.”

Isaacs and Fitzgerald: BMJ 1999



Old-Fashioned Doctors

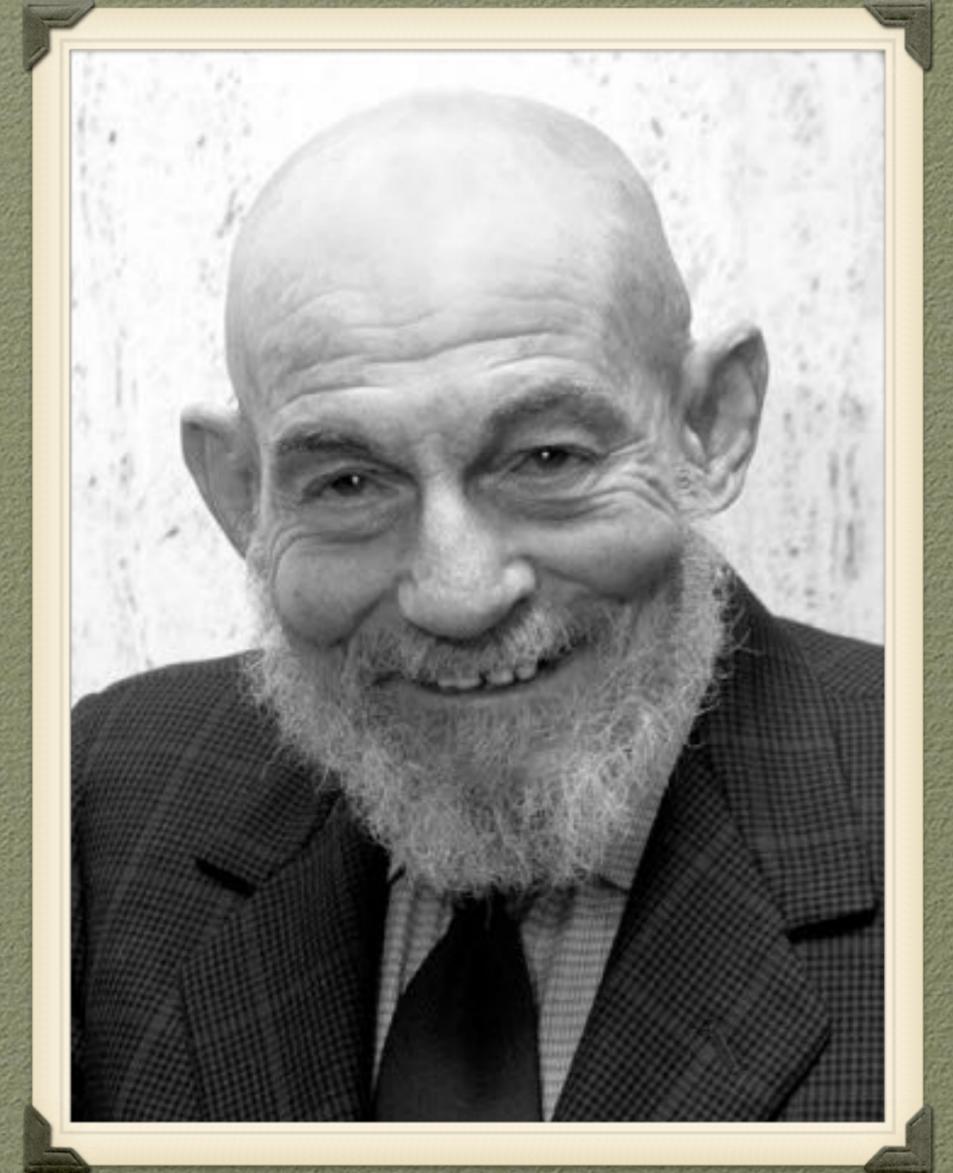
Old-Fashioned Doctors

Herbert L. Fred M.D.

To cite this article: Herbert L. Fred M.D. (1998) Old-Fashioned Doctors, Hospital Practice, 33:12, 15-15, DOI: [10.1080/21548331.1998.11443787](https://doi.org/10.1080/21548331.1998.11443787)

To link to this article: <http://dx.doi.org/10.1080/21548331.1998.11443787>

Herbert L. Fred MD



Old-Fashioned Doctors

In the 40 years that I have been a full-time medical educator, much has changed regarding what we teach and how we teach our students and house officers. As a consequence, I now confine myself to teaching basic medical principles—principles that should never change. But even so, today's trainees tell me that what I say and do is old-fashioned. I wonder:

- Is it because old-fashioned doctors spend whatever time it takes to obtain a good medical history and physical examination?
- Is it because old-fashioned doctors routinely seek *all* of the patient's previous medical records, not just the discharge summaries?
- Is it because old-fashioned doctors do not order sophisticated, expensive studies when simpler and cheaper procedures can supply the needed information?
- Is it because old-fashioned doctors order tests to substantiate, not generate, their clinical impressions?
- Is it because old-fashioned doctors use their brain and their heart, not an army of consultants, to manage their patients?
- Is it because old-fashioned doctors view consultants as opinion givers, not decision makers?
- Is it because old-fashioned doctors treat patients, not numbers?

- Is it because old-fashioned doctors do not blindly administer a ton of drugs in an attempt to alleviate every possible ill?

- Is it because old-fashioned doctors recognize that doing nothing is, at times, doing a lot?

- Is it because old-fashioned doctors understand that patients often get well *despite* what we do, not as a result of what we do?

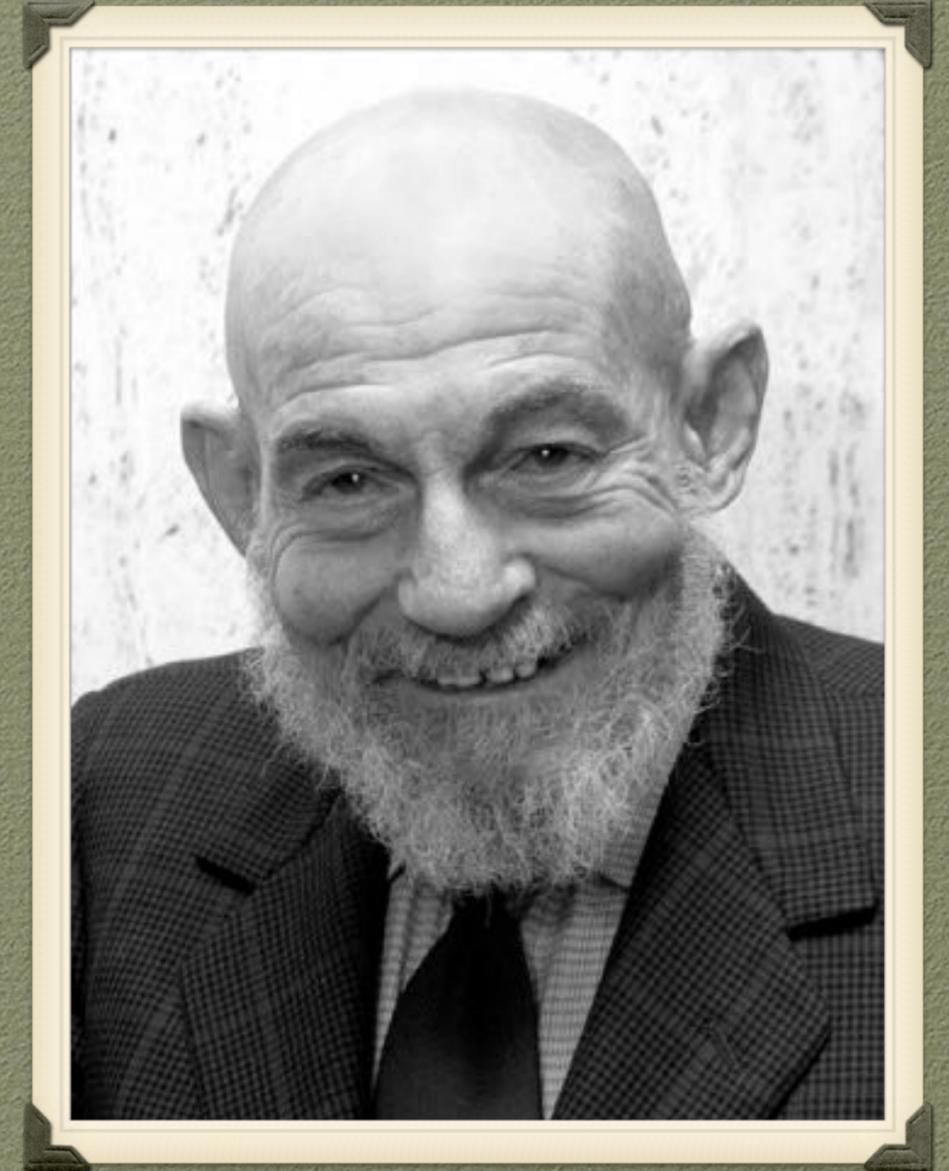
- Is it because old-fashioned doctors realize that good rapport with their patients is their best protection against lawsuits?

- Is it because old-fashioned doctors are aware of their own fallibility and are never afraid to say, "I don't know"?

If so, then I am proud to be old-fashioned. And I believe that if more doctors today practiced medicine the old-fashioned way, our profession might regain some of the nobility and respect it once enjoyed.

HERBERT L. FRED, M.D.

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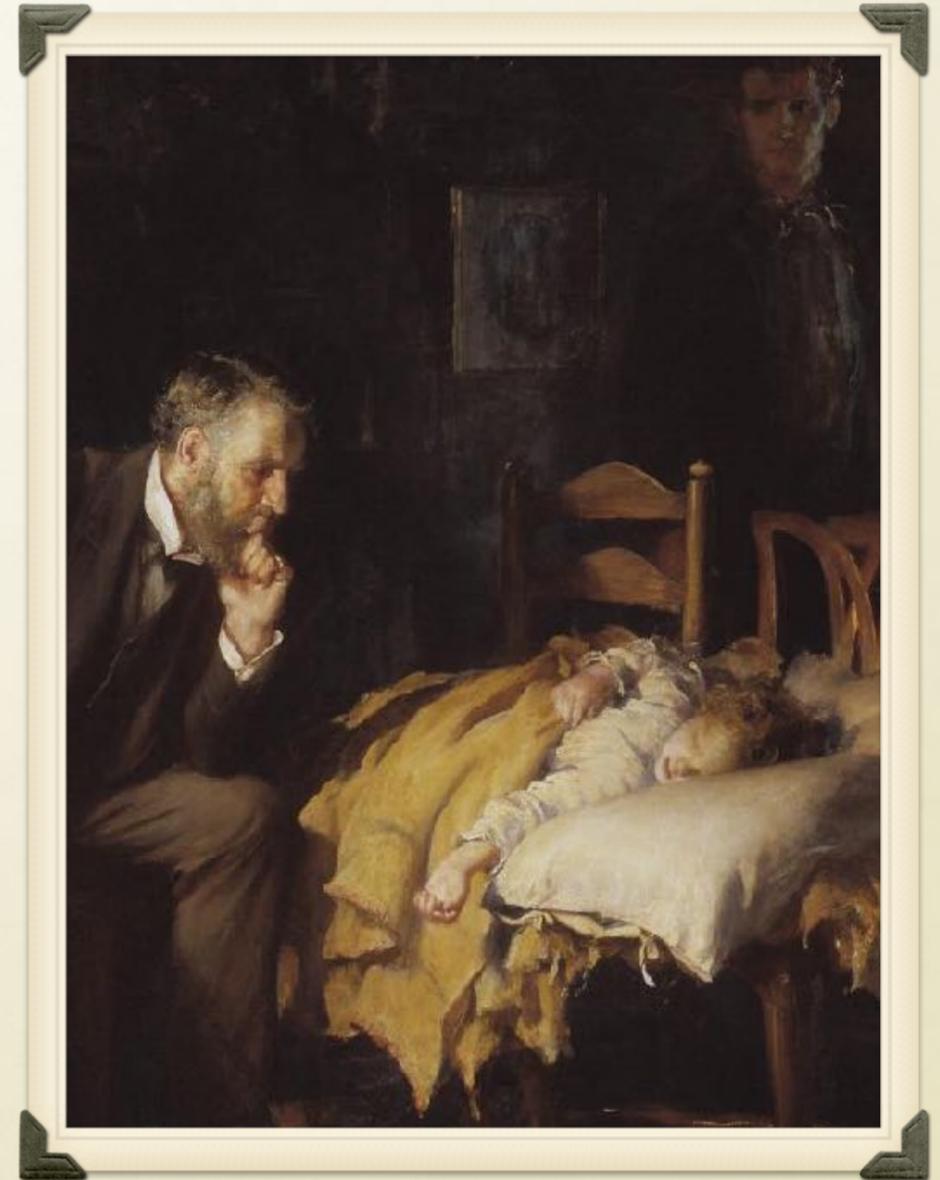


OK BOOMER

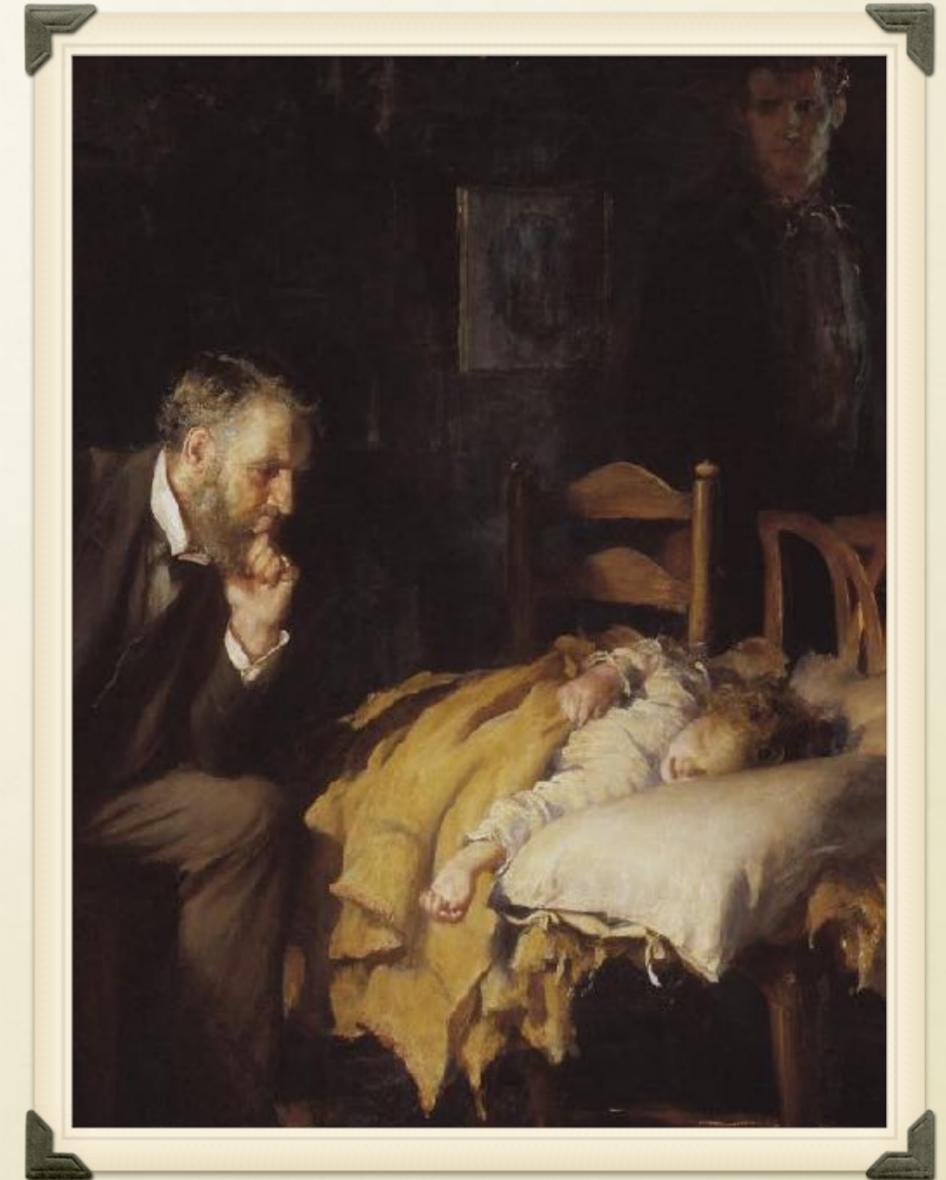


1. TIME WITH PATIENTS

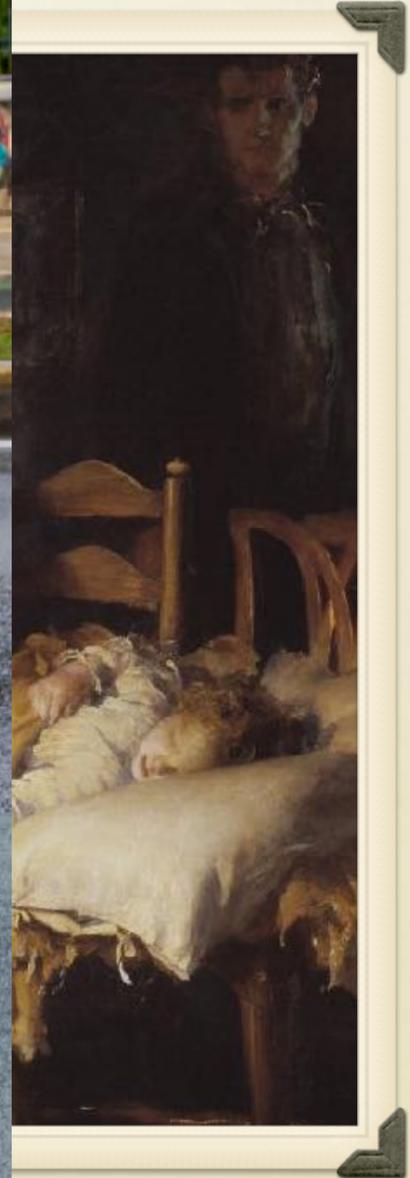
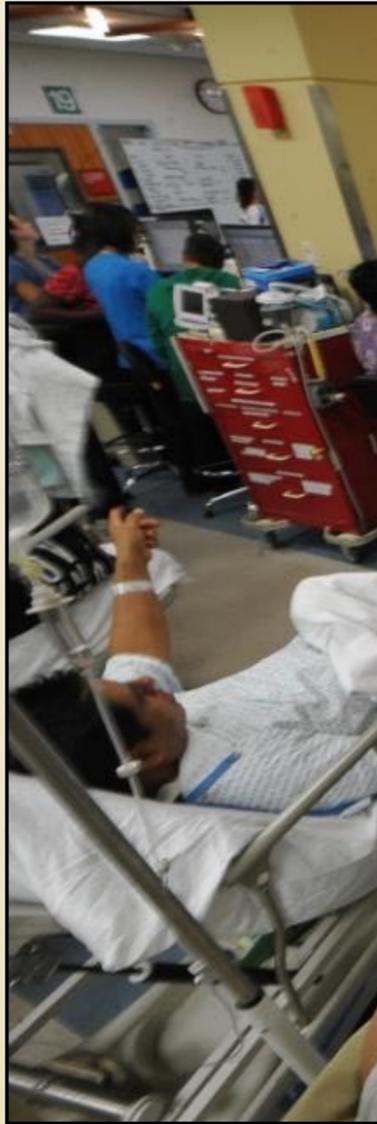
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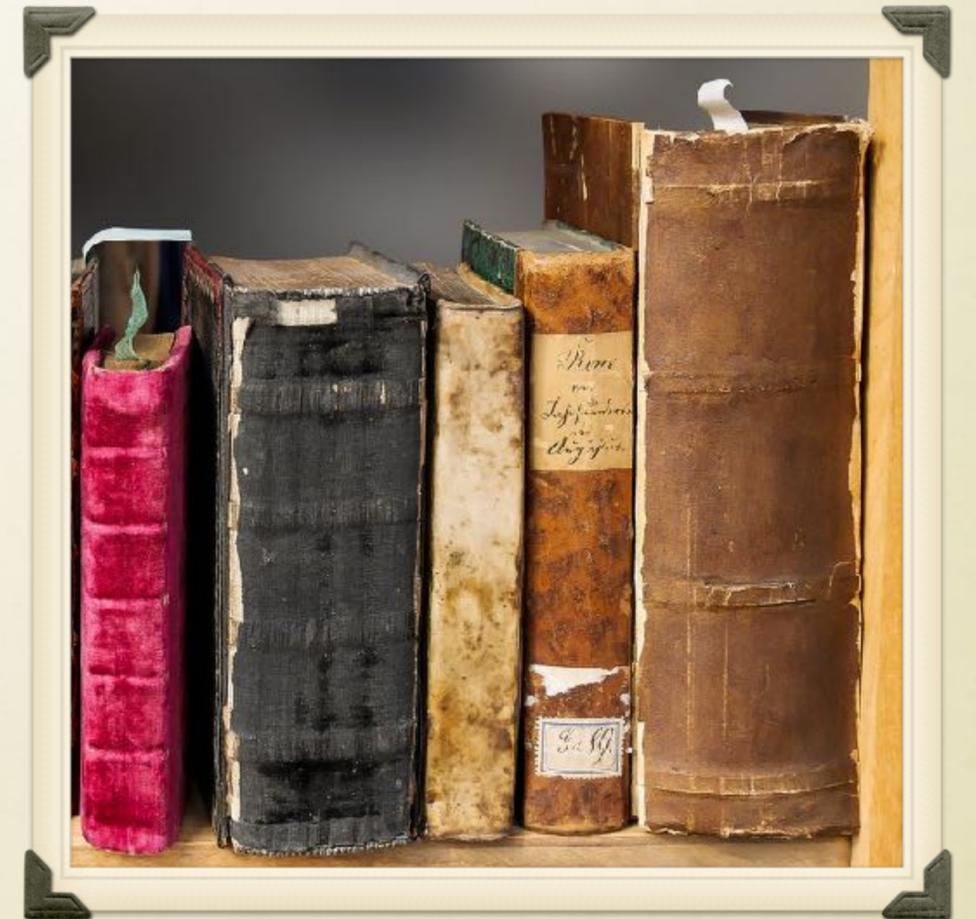


1. TIME WITH PATIENTS

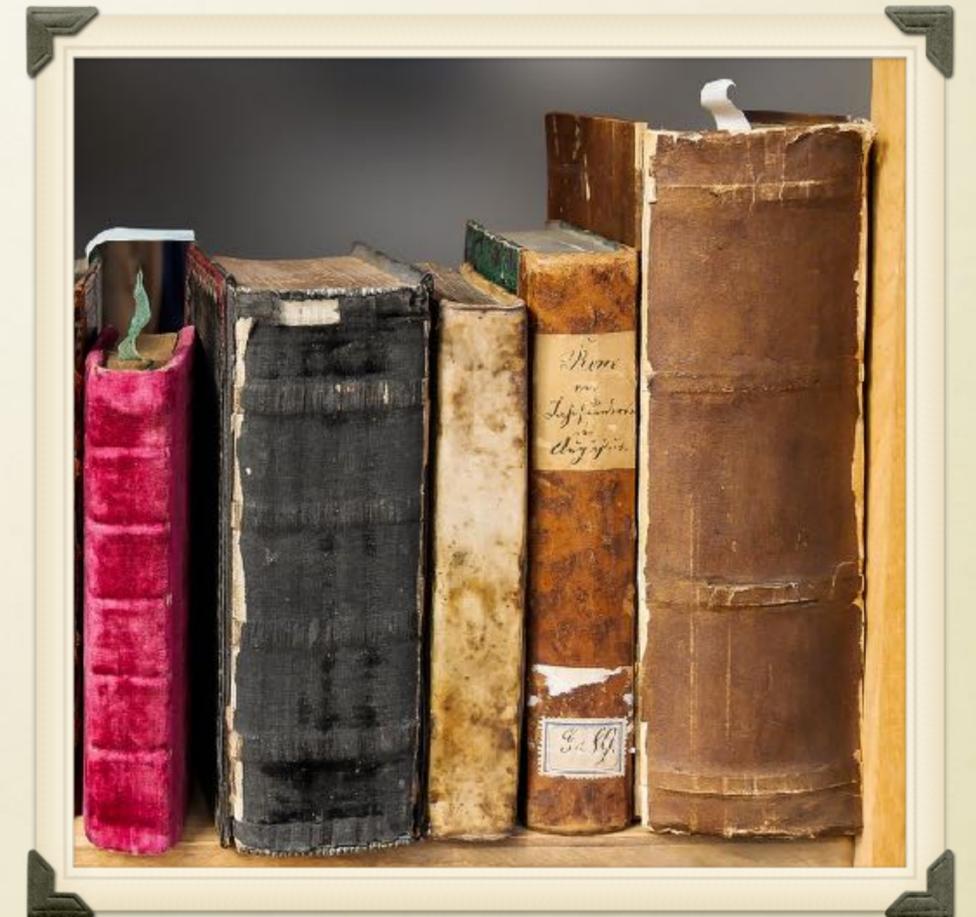


2. PATIENTS RECORDS

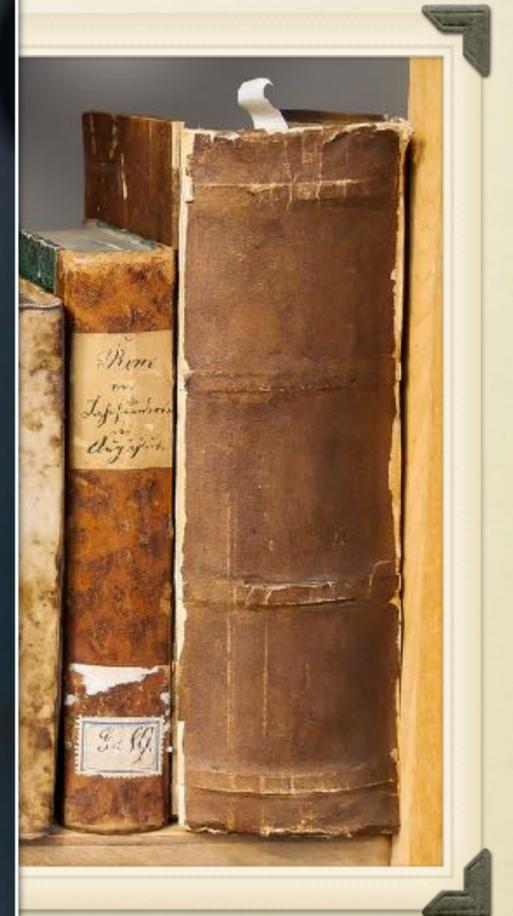
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2. PATIENTS RECORDS



2. PATIENTS RECORDS



3. SOPHISTICATED/EXPENSIVE TESTS

Is it because old-fashioned doctors do not order sophisticated, expensive studies when simpler and cheaper procedures can supply the needed information?



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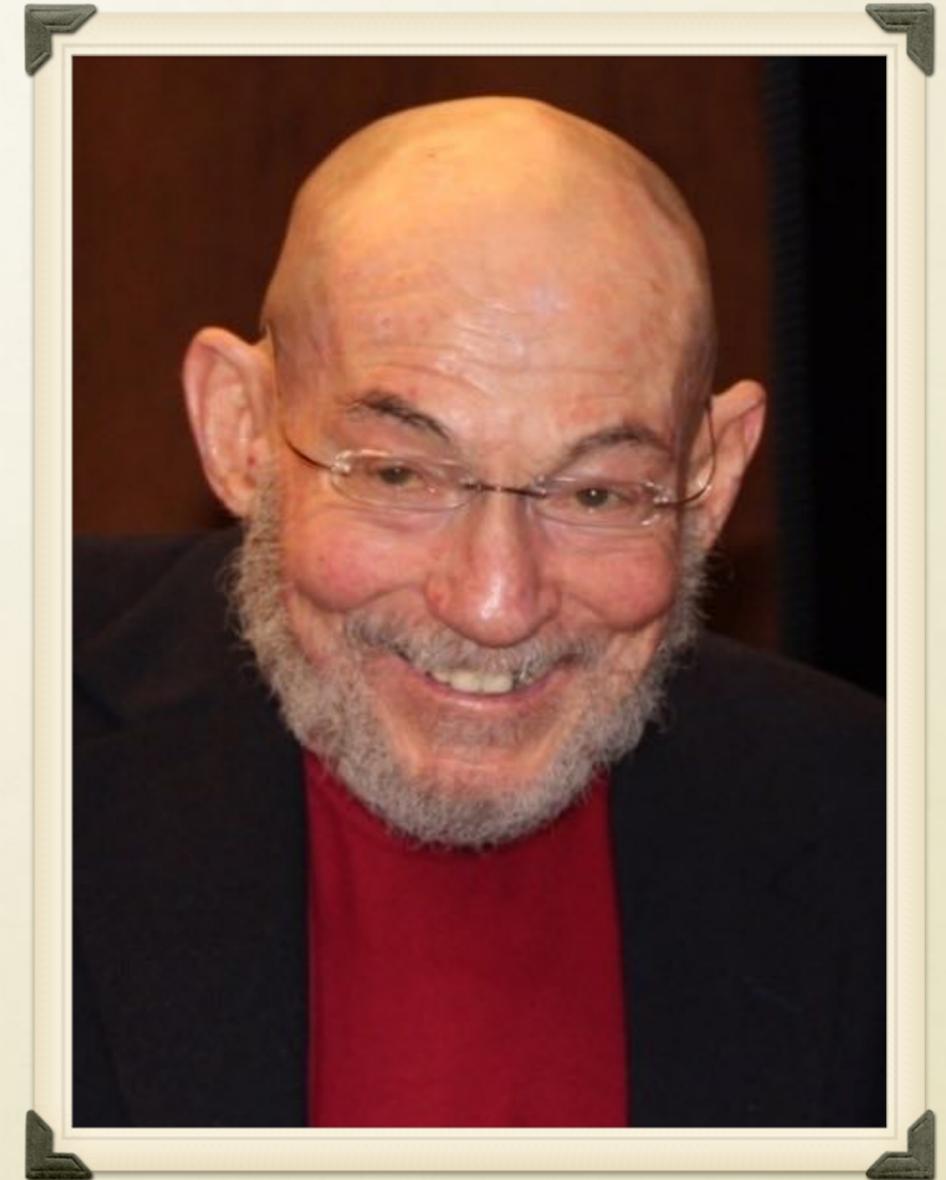


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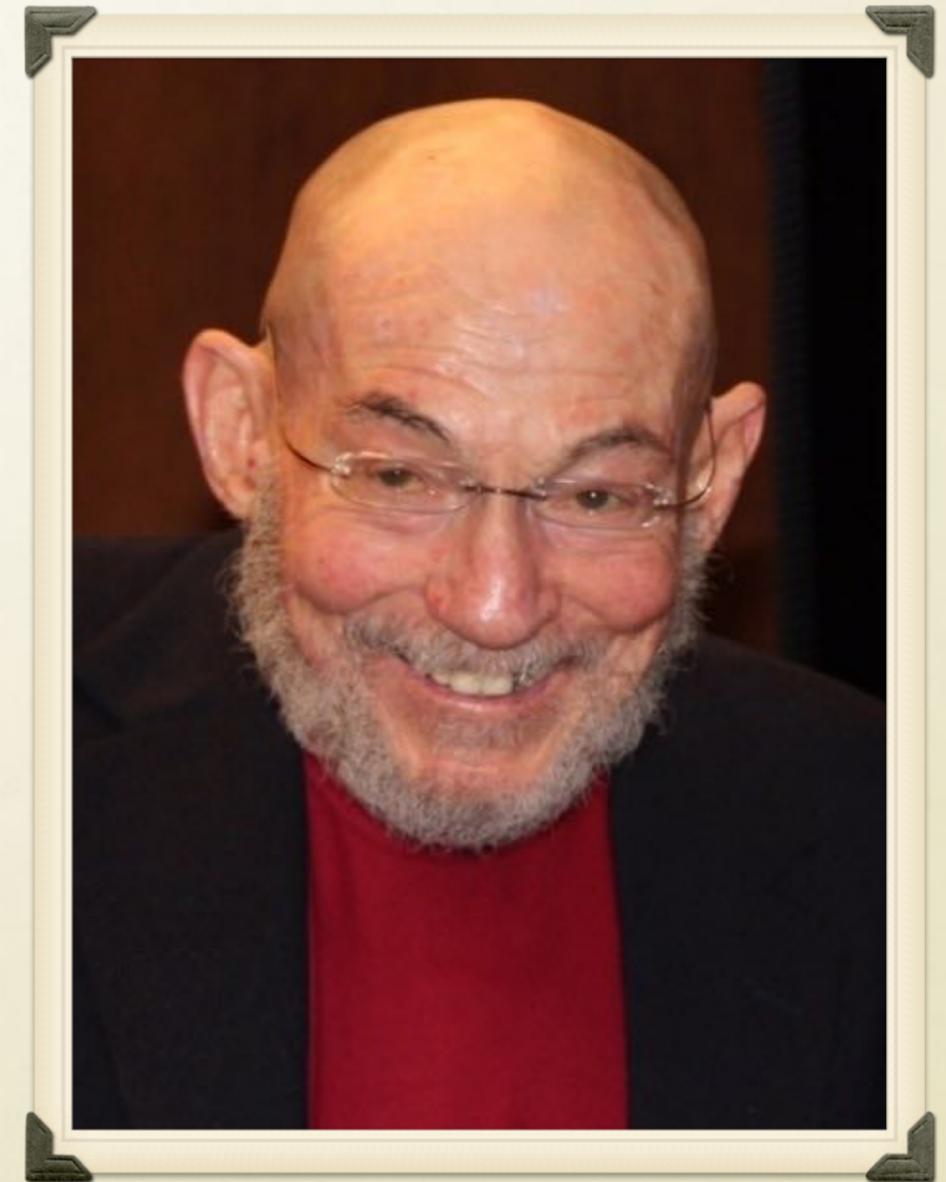


4. BRAINS/HEARTS

Is it because old-fashioned doctors use their brain and their heart, not an army of consultants, to manage their patients?



4. BRAINS/HEARTS



5. PATIENTS/NOT NUMBERS

*Is it because old-fashioned doctors
treat patients, not numbers?*



5. PATIENTS/NOT NUMBERS



5. PATIENTS/NOT NUMBERS



6. PILL FOR EVERY ILL

Is it because old-fashioned doctors do not blindly administer a ton of drugs in an attempt to alleviate every possible ill?



6. PILL FOR EVERY ILL

**WHEN YOUR PATIENT DENIES
ANY MEDICAL HISTORY**



**THEN SHOWS YOU THEIR
MEDICATIONS**

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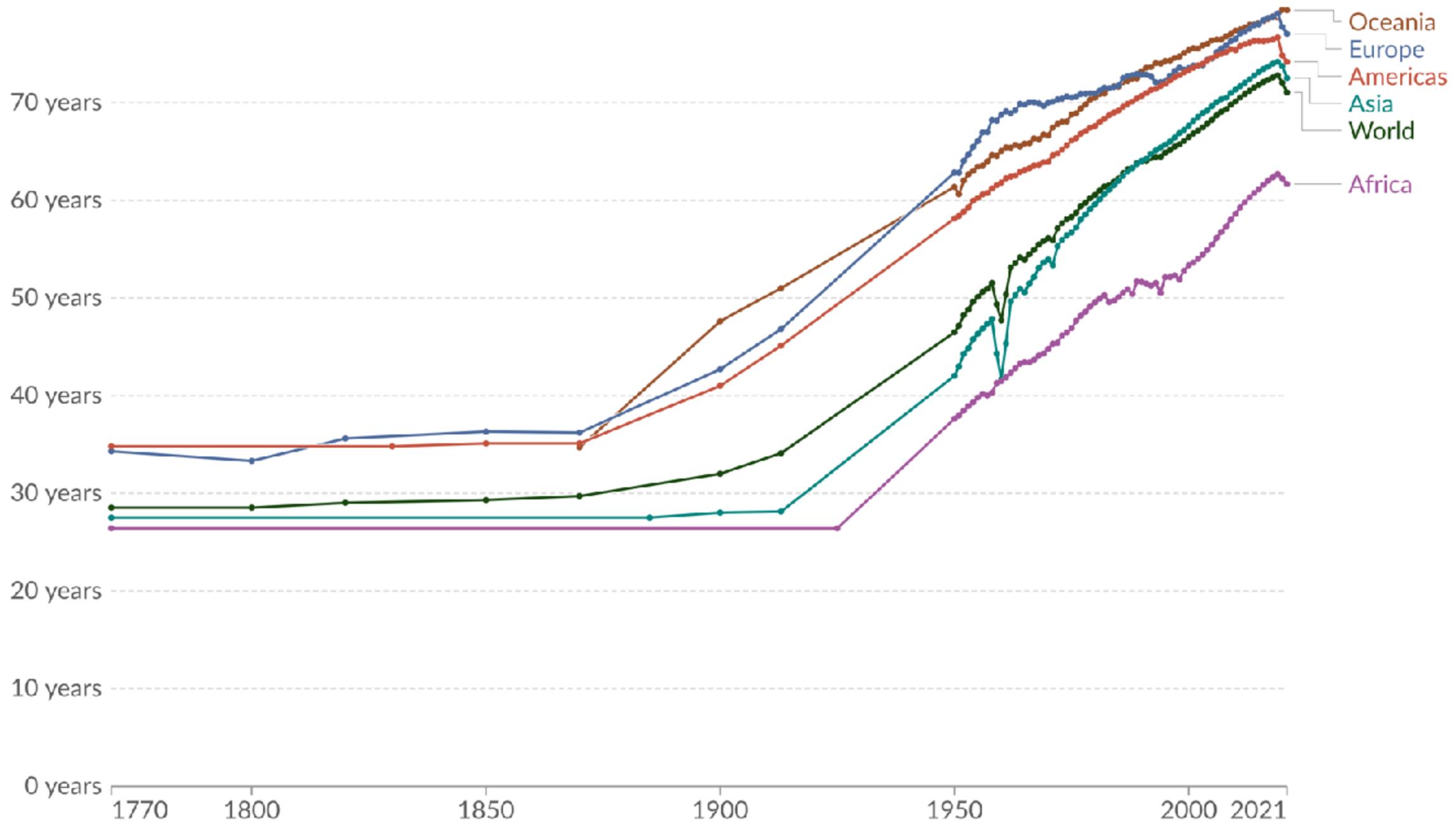
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Life expectancy

The period life expectancy¹ at birth, in a given year.

Our World
in Data



Data source: UN WPP (2022); HMD (2023); Zijdeman et al. (2015); Riley (2005)

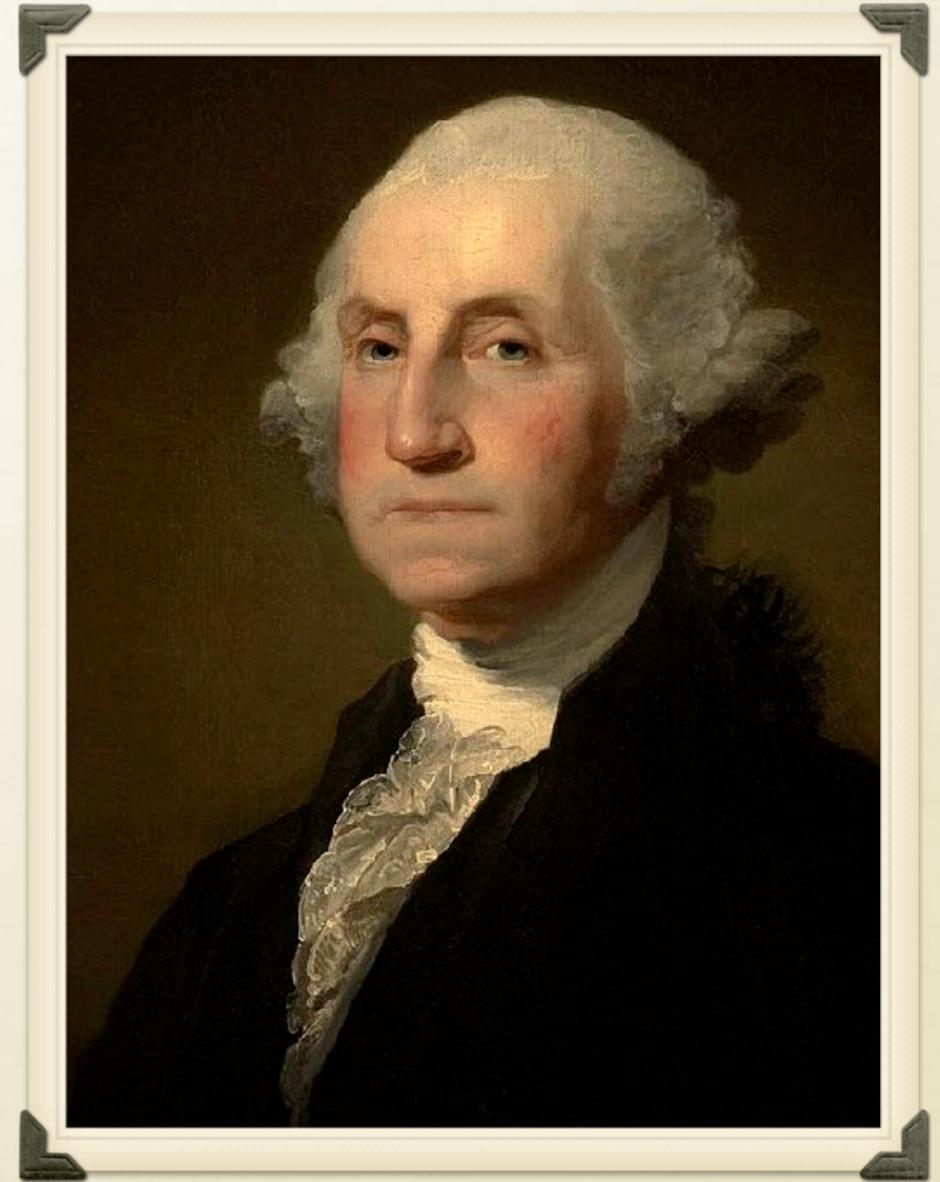
OurWorldInData.org/life-expectancy | CC BY

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7. INTERVENTION BIAS

Is it because old-fashioned doctors recognize that doing nothing is, at times, doing a lot?

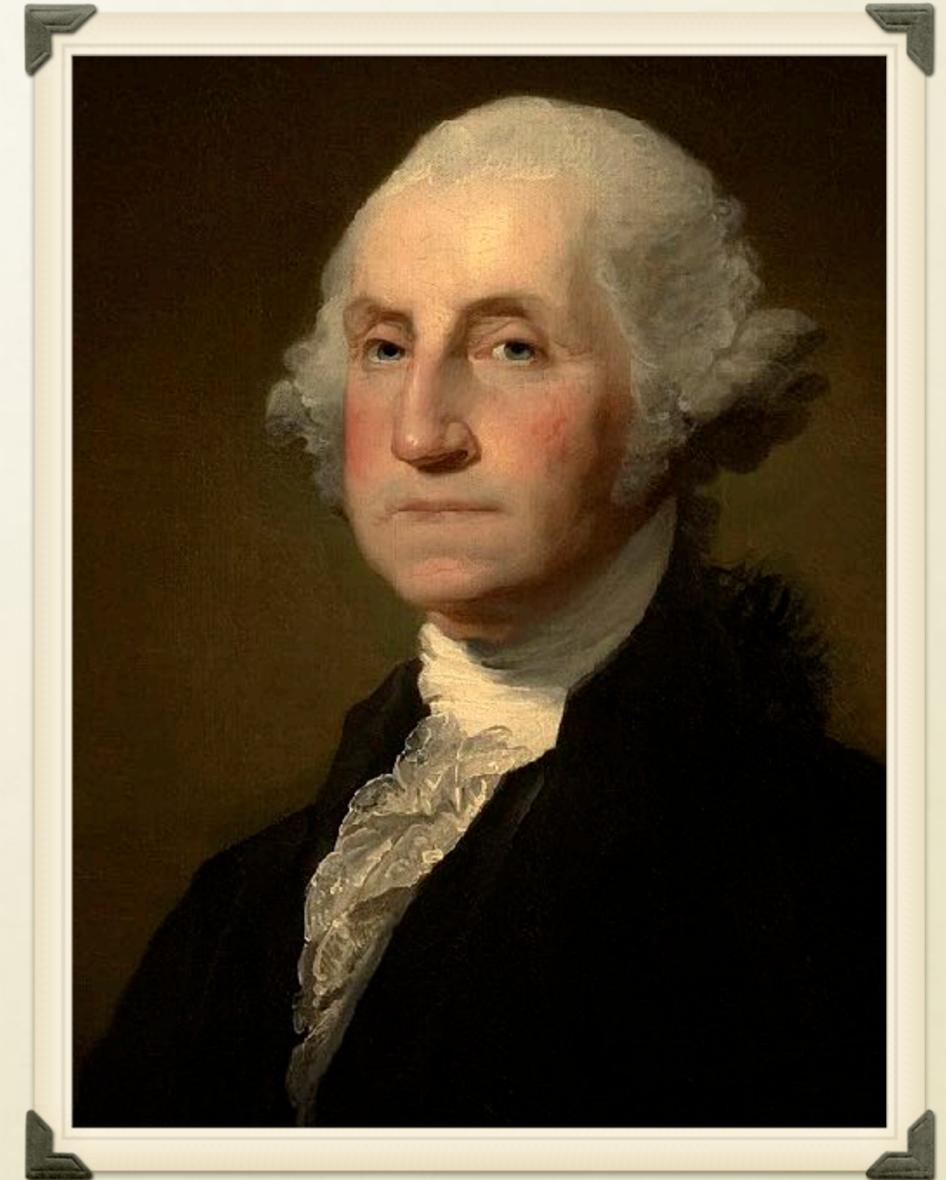


7. INTERVENTION BIAS

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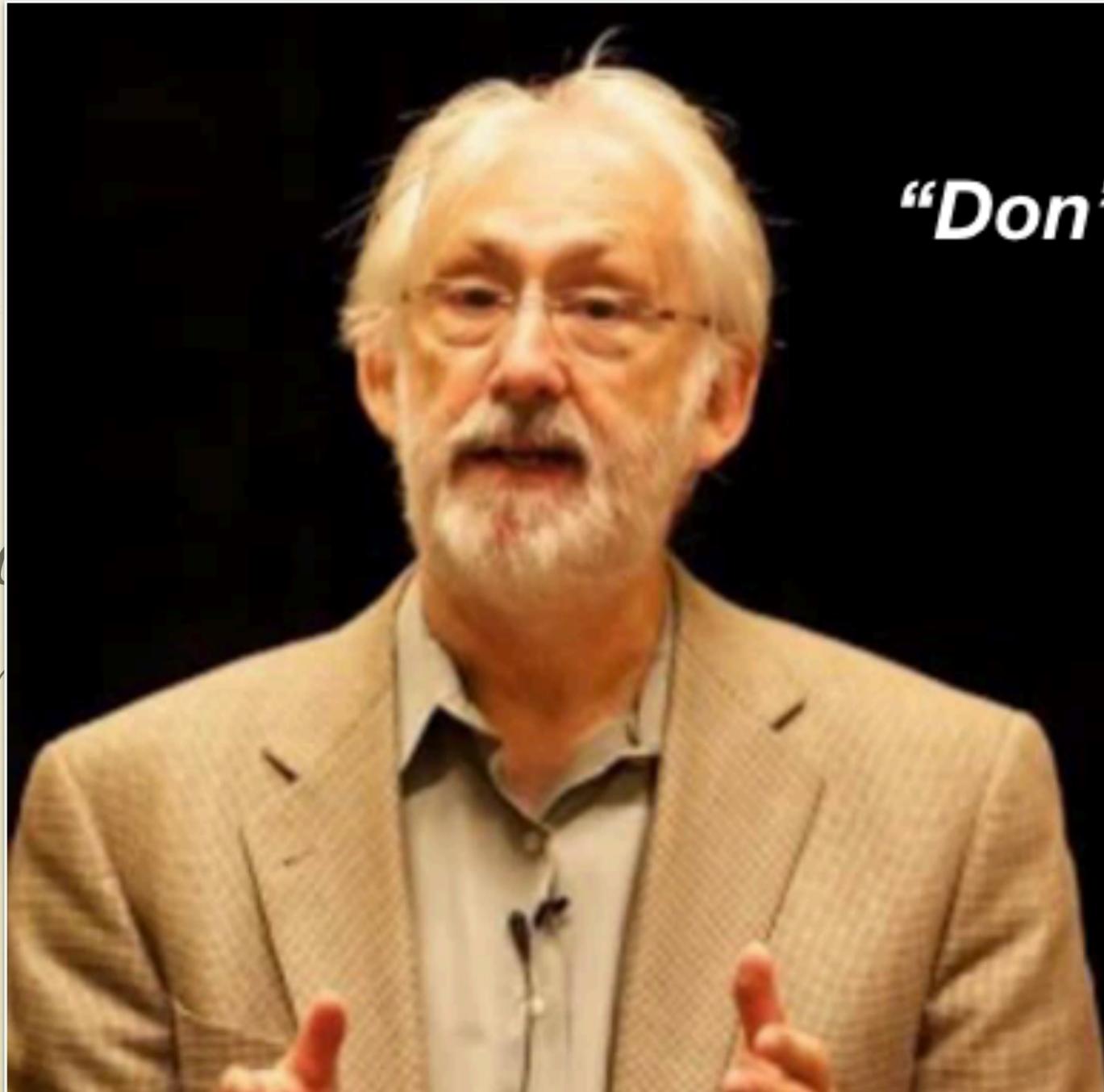


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7. INTERVENTION BIAS

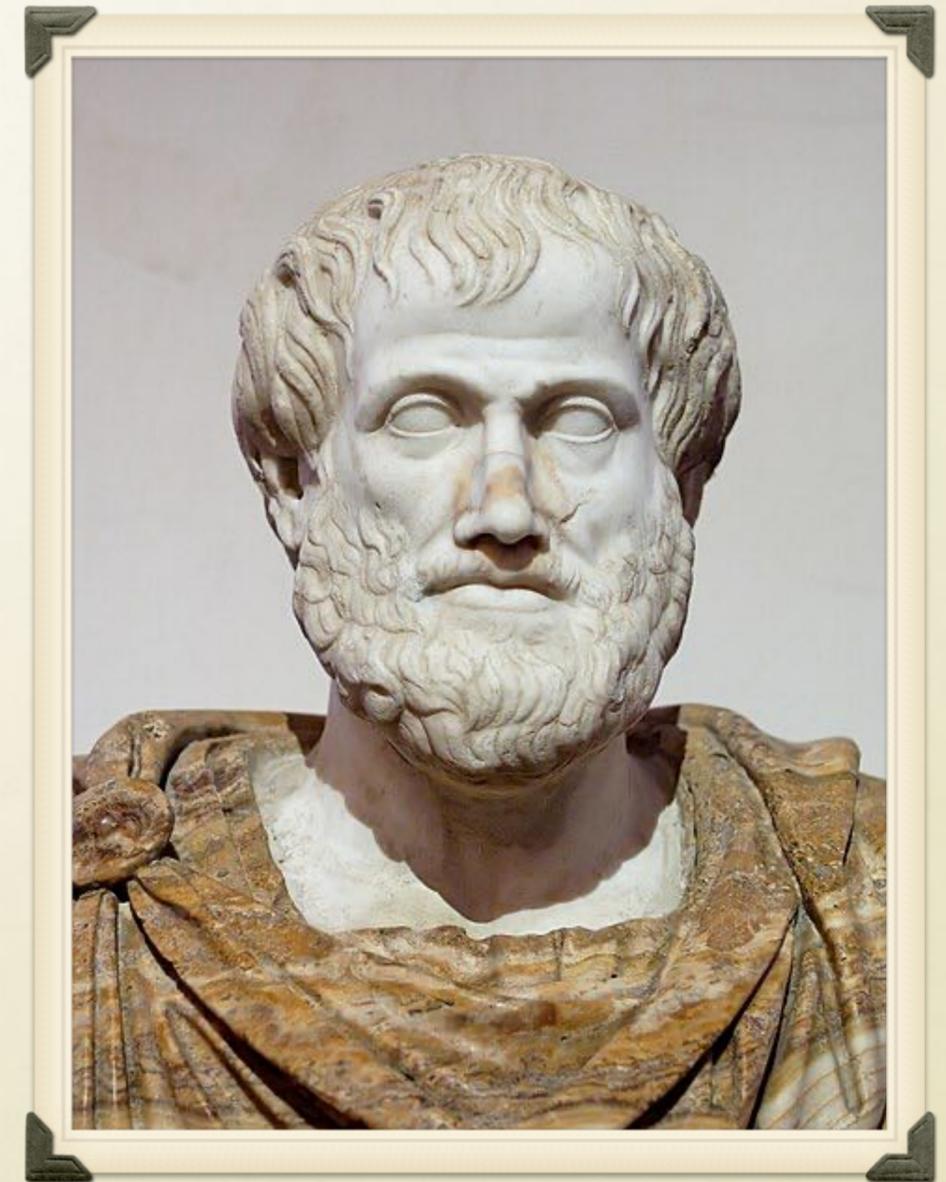
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***“Don’t just do something,
stand there.”***
Jerome Hoffman

The Case for Intervention Bias
in the Practice of Medicine
Foy and Filippone
Yale J Biol Med 2013

8. NATURAL HISTORY OF DISEASE



9. KINDNESS

Is it because old-fashioned doctors realize that good rapport with their patients is their best protection against lawsuits?



9. KINDNESS

Be kind, for everyone you meet is fighting a hard battle. – Ian Maclaren.

R. J. Palacio



9. KINDNESS

Be kind
meet i
battle.

It is a little embarrassing that, after forty-five years of research and study, the best advice I can give to people is to be a little kinder to each other.

Aldous Huxley

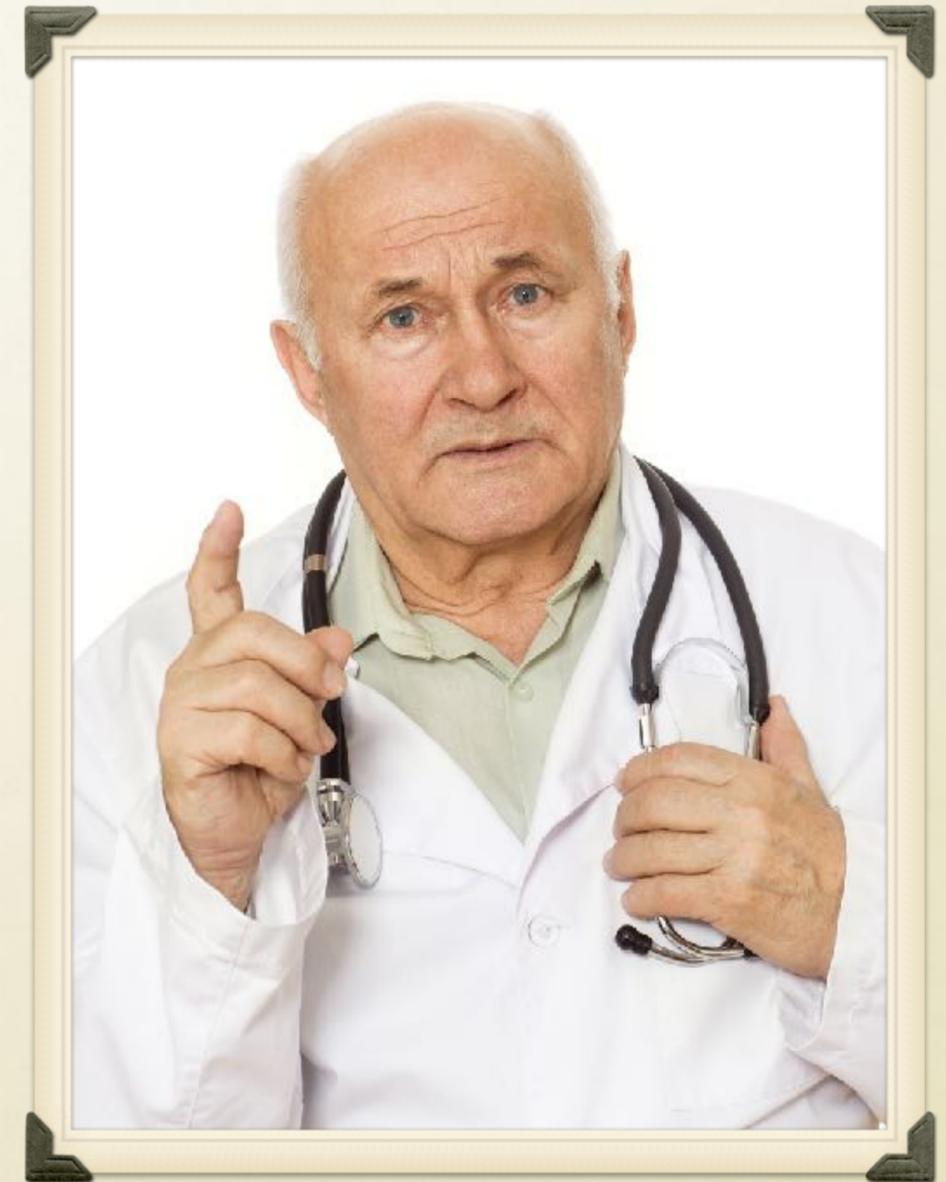


10. “I DON’T KNOW”

Is it because old-fashioned doctors are aware of their own fallibility and are never afraid to say, “I don't know”?



10. “I DON’T KNOW”



10. “I DON’T KNOW”



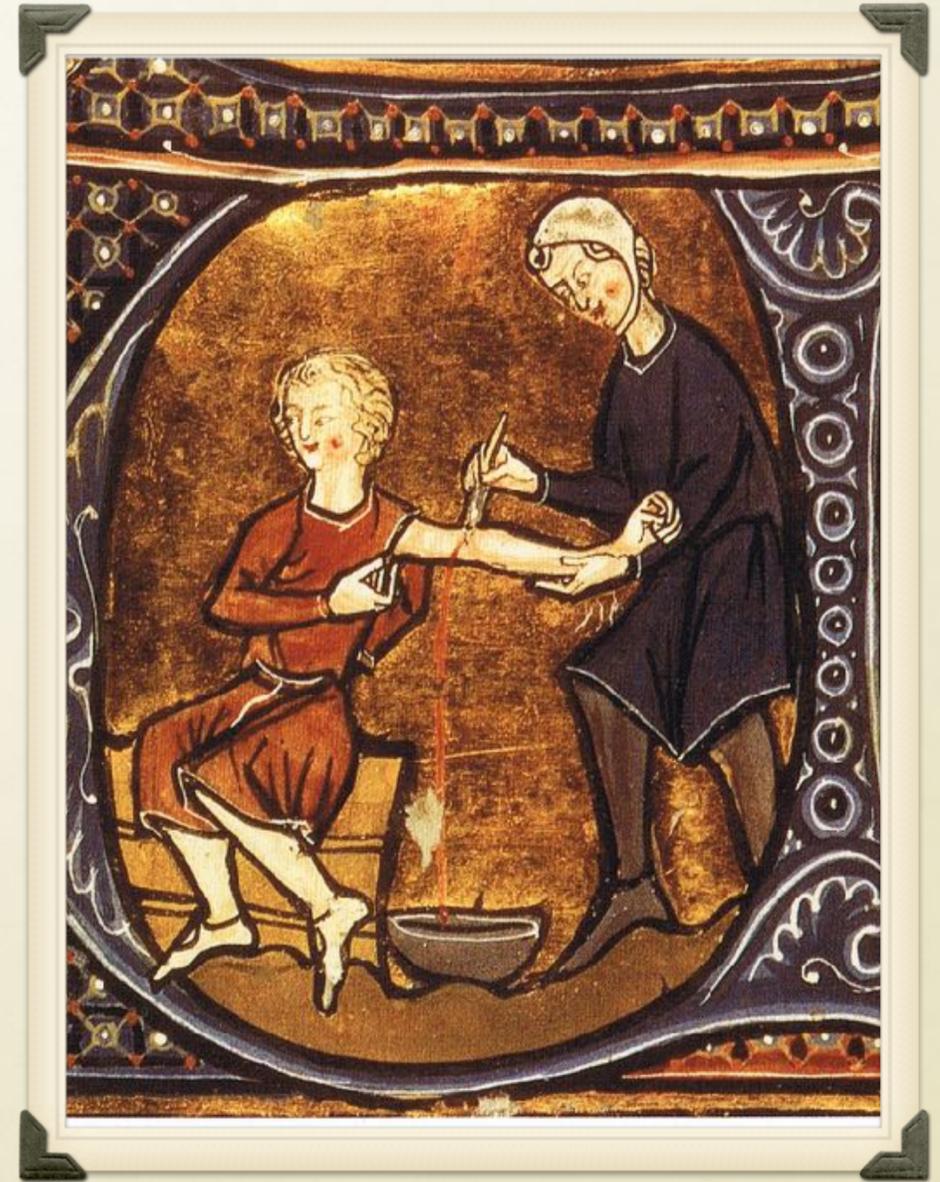
We need to teach how doubt is not to be feared but welcomed. It's OK to say, "I don't know."

— *Richard P. Feynman* —

AZ QUOTES

APPEAL TO TRADITION

When it is assumed that something is better or correct simply because it is older or has traditionally been done a that way.



ARGUMENTUM AD NOVITATEM

Claiming that something that is new or modern is superior to the status quo, based exclusively on its newness.





TEAM PATIENT

NOT OLD-FASHIONED OR NEW-FASHIONED



SOME THINGS ARE TIMELESS:

**PROVIDING THE BEST CARE, BASED ON THE BEST EVIDENCE
WITH KINDNESS**