Getting to a New Normal

Happy Anniversary?

Ken Milne
@TheSGEM
Edge of Life and Death
Burnout
Herbert Freudenberg 1974

“A state of fatigue or frustration that resulted from professional relationships that failed to produce the expected rewards”
MD Burnout 50%

70%
Emotional Exhaustion
Depersonalization
Personal Accomplishment
Electronic Medical Records
Negative Clinician Consequences
Negative Clinical Consequences
Not to cure illness, but rather to end mental suffering
The SGEM Goes to the Edge

Edge of Burnout

ACEM 2018 ASM

Perth, Australia
Dr. Ken Milne Sr.
Life Partner
I NEED A HUG

#FOAMMed
Friends
It’s OK not to be be OK
Vulnerability is not a sign of weakness
Take care of yourself
Don’t be afraid to ask for help
Power of Kindness
Burnout?

Moral Injury?
ED Burnout 70%

System Problem
Life Goes On
Thank you for listening