

# You Don't Know What You've Got 'til it's Gone



Eve Purdy  
epurdy@qmed.ca  
CAEP June 2015

[Wiki](#)



## Eve Purdy

@purdy\_eve

Soon to be @QEmerg resident, wannabe  
#coffeenerd, #FOAMed and #qmed  
enthusiast | Med Student Editor  
@BoringEM | #ALiEMMedic |  
@smaccjunior



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# Conflicts of Interest:

- **Financial-** none
- **Commercial support-** none
- **Other-** BoringEM, ALiEM, Manu et Corde

# Objectives

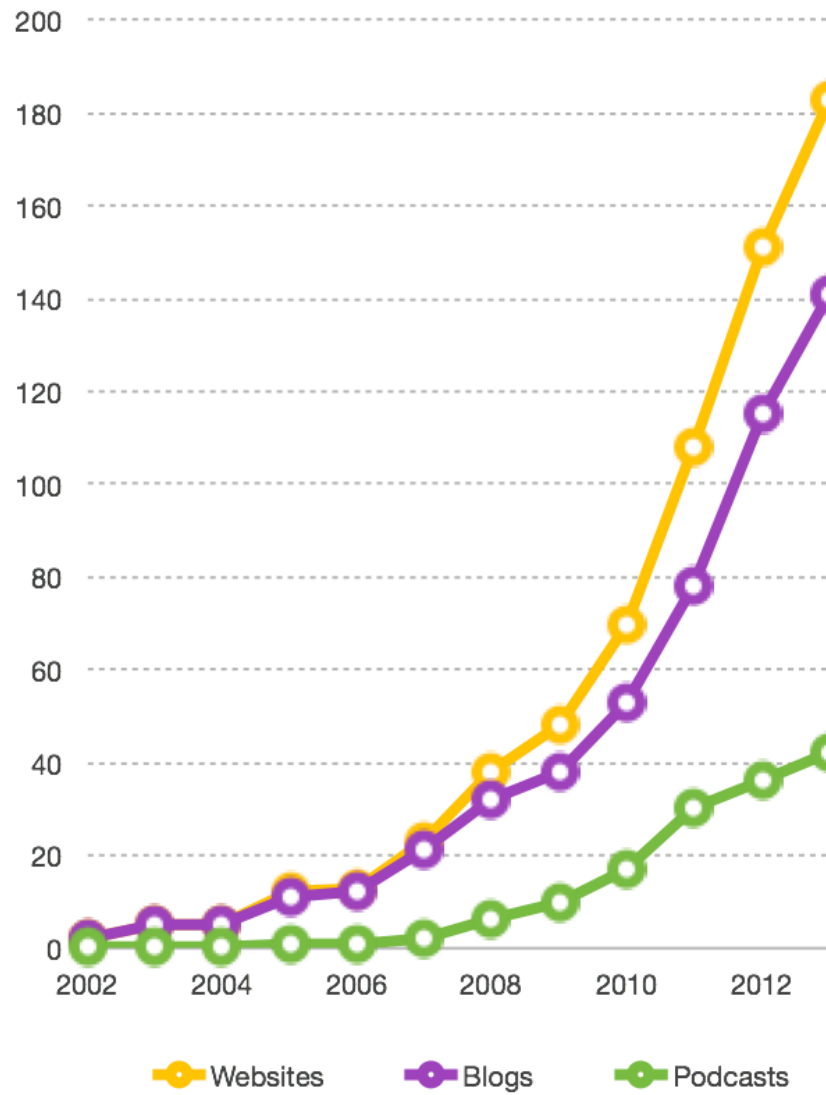
Outline the **many ways that open access resources** are used at the point of care.

Identify **specific point of care resources relevant** to Emergency physicians.

Reflect on one's own **use of open-access resources** at the point of care.

Implement a **novel educational intervention**.





## Resident Use of Online Resources per Month



95% use Wikis  
93% use e-Textbooks



90% use Podcasts  
80% use medical Blogs



88% use Video Sharing sites  
71% use vodcasts

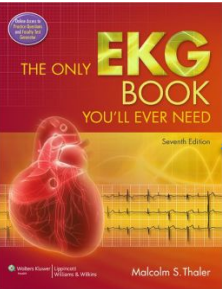
## Top 3 Types of Resident Resources

**1** Textbooks  
86%

**2** Subscription-based resources  
65%

**3** Podcasts & Vodcasts  
40%

Primary literature (33%), e-textbooks (26%), blogs (26%), wikis (11%)



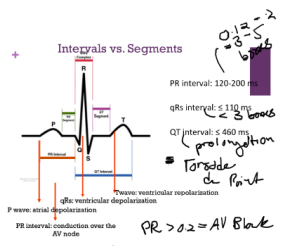


**Eve Purdy**  
@purdy\_eve

TWEETS  
8,559

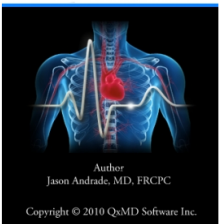
FOLLOWING  
867

FOLLOWERS  
1,246



Searching... 14:11 82% [signal strength icon]

**ECG Guide**  
by QxMD



**Emergency ECG Video of the Week**

UNIVERSITY of MARYLAND  
EMERGENCY MEDICINE

**AliEM** Academic Life in  
Emergency Medicine

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Ventola, 2014  
Wallace et al. 2012



## Nadim Lalani

@ERmentor FOLLOWS YOU

ER physician and educator in  
Saskatoon, Saskatchewan. CANADA.  
Part creator, but mostly a curator of

TWEETS  
**2,606**

FOLLOWING  
**359**

FOLLOWERS  
**1,141**

FAVORITES  
**867**

LISTS  
**1**



Following

Tweets

Tweets & replies

Photos & videos



**Nadim Lalani** @ERmentor · 1h

60-80% Jr Drs still go work if nausea| vomits|  
blood in urine| stomach ulcer or anxiety. Would

**Point of Care Resources Used (n=72 cases)- January 28, 2014**



Symptoms

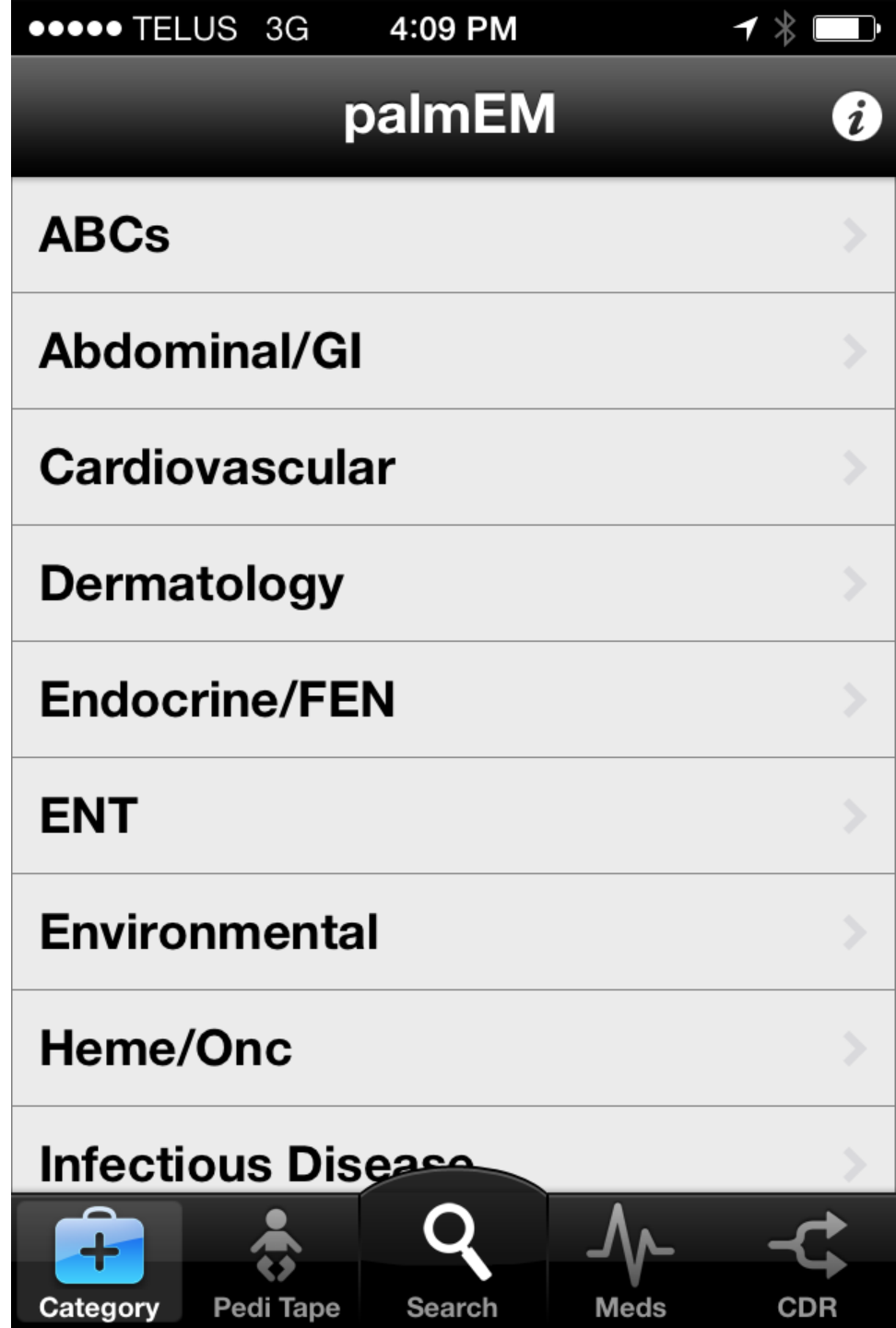
Diagnosaurus 2.0  
Olfactory dysfunction

## Olfactory dysfunction

### DDx

- Anatomic blockage of nares, eg, polyps, septal deformity, nasal tumor
- Viral rhinitis
- Allergic rhinitis
- Idiopathic
- CNS tumor in olfactory groove (cribriform plate) or temporal lobe
- Head trauma
- Parkinson's disease
- Alzheimer's disease









••••• TELUS 3G 11:10 AM

Back Keflex e

**Keflex**  
cephalexin

**Dosage Forms**

250,500,750

**Adult Dosing**

**infections, bacterial**  
**1000-4000 mg/day PO divided q6-12h**  
Max: 4000 mg/24h; Alt: 500 mg PO q12h  
for strep pharyngitis, skin/skin structure  
infxns, or uncomplicated cystitis; Info: dose,  
duration vary by infxn type, severity

**\*endocarditis prophylaxis**

⊕ ☆ ✎ ☎ 🏥



LITFL Google Search ...



**ALiEM**

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[ECG LIBRARY](#)



**FOAM**  
**SEARCH**

“You must unlearn what you have learned”





“Patience you must have my young padawan”

“Already know you that which you need”







“Always pass on what you have learned”

[Pixabay](#)

Krauss et al. 2011



“Train yourself to let go of everything  
you fear to lose”



STARRING EVE PURDY AS THE UNSUSPECTING MEDICAL STUDENT DR. LALANI AS THE JEDI-MEDICAL MASTER EDUCATOR PATIENTS AS THE TRUE HEROES  
A FILM PRESENTED BY MEDICAL ELECTIVES INC

Will she make it through?

# The Shift Unplugged

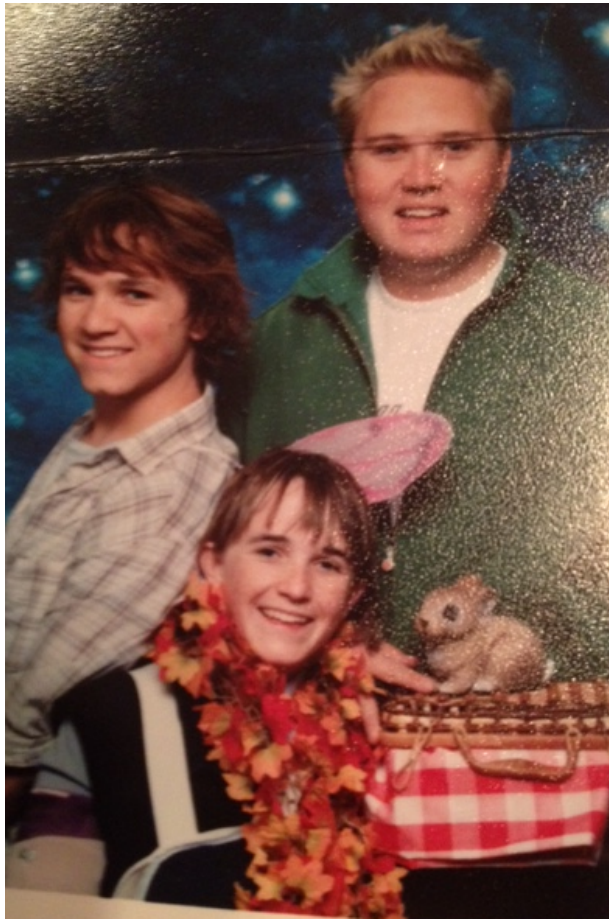
**Coming to an ED near you**

PRODUCED BY THE U OF S DIRECTED BY DEIRDRE BONNYCASTLE WRITTEN BY THE #FOAMED COMMUNITY WITH STUDIOS AROUND THE WORLD FEATURING  
WORLD FAMOUS SOUNDTRACK "YOU DON'T KNOW WHAT YOU'VE GOT 'TIL IT'S GONE" COPYRIGHTS CREATIVE COMMONS

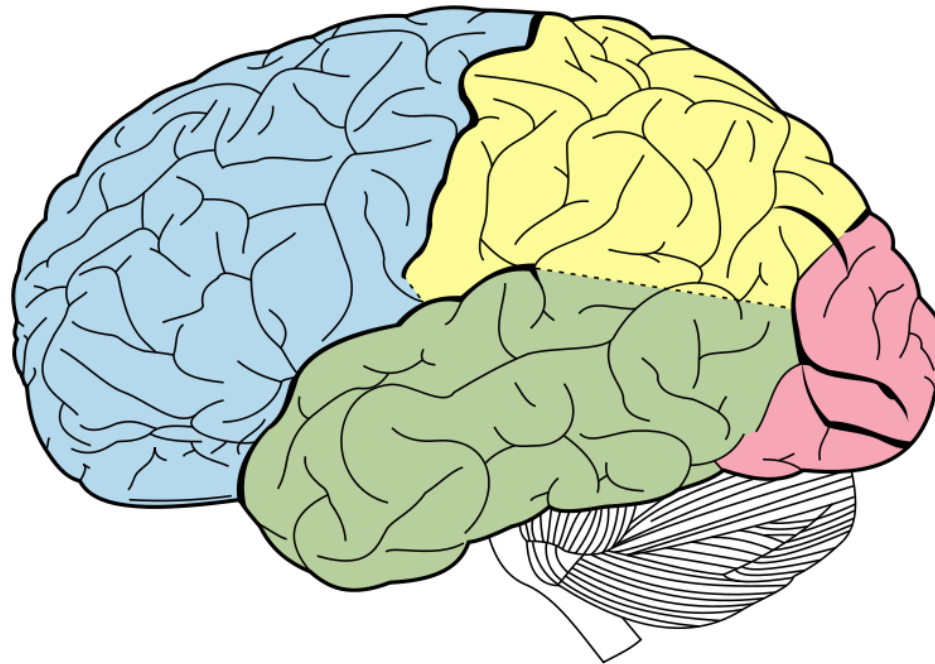
**PG-13** PARENTS STRONGLY CAUTIONED  
SOME MATERIAL MAY NOT BE SUITABLE FOR CHILDREN

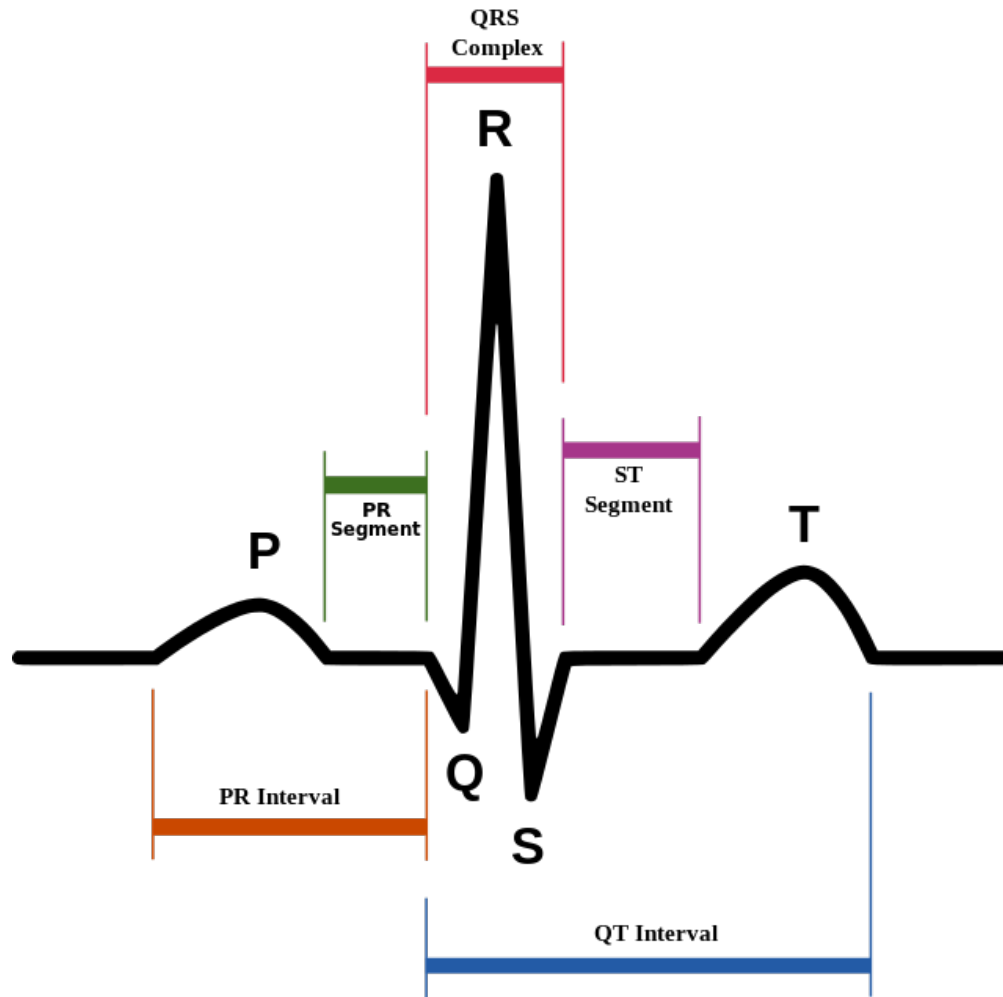




















“Train yourself to let go of everything  
you fear to lose” - Yoda

